

Familiarisation Guidelines: To be used as required by the Classification Team for review of video in selection of appropriate classification.

Water Ski Activity	MP1	MP2	MP3	MP4	MP5
Starts	uses head and shoulder for balance, uses wrists or palm to stabilize handle against body, balance significantly compromised in water	uses head and shoulder for balance with some assist from upper trunk, uses hands to hold handle, balance significantly compromised in water	uses upper trunk for starts to maintain balance, holds handle with hands and balance is somewhat compromised in water	uses upper and middle trunk to maintain balance, holds handle with hands and can use arms to maintain balance, balance is minimally compromised in water	uses trunk and pelvis to maintain balance, uses hands to hold handle and can use arms to maintain balance, balance is good in the water and can easily manage ski in water
Hand Function	<i>uses wrist or forearm while actively skiing</i>	uses hands (in palm with finger grip) while actively skiing with or without adapted gloves	uses normal skiing grip, but may use adaptive gloves	uses normal skiing grip, but may use adaptive gloves	uses normal skiing grip, but may use adaptive gloves
Slalom	unable to use abdominals and tends to rest on the knees in a static position, may use one hand on cage to support or adjust position, unlikely to release the handle in turns	unable to use abdominals and tends to rest on the knees in a static position, may use one hand on cage to support or adjust position, can use head and shoulders on the ski, may release the handle with one hand in very small range of motion	limited use of trunk and uses head, shoulders and upper trunk only, tends to rest on the knees, but has some ability to move the trunk on the ski, may or may not release the handle, but can extend the handle away from the body in a limited range of motion	moderate to full use of trunk, but unable to use pelvis or legs to affect the ski, tends to move back and forth/side to side on the ski, may or may not release the handle, but can extend the handle away from the body in full range of motion	full use of trunk, able to use pelvis or legs to affect the ski, moves dynamically on the ski in all directions, may or may not release the handle, but can extend the handle away from the body in full range of motion

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Jump	unable to use abdominals and tends to rest on the knees in a static position, may use head, shoulders to affect the ski, correct position or edge ski, unlikely to release the handle	unable to use abdominals and tends to rest on the knees in a static position, may use head, shoulders to affect the ski, correct position or edge ski, may release the handle in the air in a very small range of motion	uses head, shoulders and upper trunk as needed to affect the ski, uses trunk motion to correct position or edge ski, may release the handle in the air in a limited range of motion	uses head, shoulders and trunk as needed to affect the ski, correct position or edge ski, able to release the handle with one hand in the air as desired	uses trunk, pelvis and legs as needed to affect the ski, correct position or edge ski, able to release the handle in the air as desired
Trick	unable to use abdominals and tends to rest on the knees in a static position, may use one hand on cage to support or adjust position, handle exchange awkward with wrist/forearm grip	unable to use abdominals and tends to rest on the knees in a static position, may use one hand on cage to support or adjust position, can use head and shoulders to affect the ski, handle exchange with normal skiing grip. may stabilize with one hand on cage for balance	uses head, shoulders and upper trunk as needed to affect the ski, uses trunk motion to correct position or edge ski, handle exchange with some arm reach, may stabilize with one hand on cage for balance but can lift upper trunk from the knees	uses head, shoulders and trunk as needed to affect the ski, correct position or edge ski, handle exchange easily with dynamic trunk motion fore/aft and side to side	uses trunk, pelvis and legs as needed to affect the ski, correct position or edge ski, able to use the pelvis and legs to rotate or lift ski in the air
Dock	requires arm support when out of chair at all times, easily loses balance	requires arm support when out of chair at all times, easily loses balance	requires arm support when out of chair, but can briefly maintain balance without arms	able to use trunk to maintain balance, but can lose balance in unstable conditions	able to use trunk/pelvis/legs as needed in unsupported sitting positions
Cage	unable to lift trunk from resting position while skiing	unable to lift trunk from resting position while skiing	able to lift upper trunk from resting position while skiing	able to lift upper and mid trunk from resting position while skiing	able to lift full trunk from resting position while skiing and move dynamically on the ski